







# Fresubin® 3.2 kcal DRINK

## This is Compact!

The most compact oral nutrition supplement in just 125 mL<sup>^</sup>. For the dietary management of patients with or at risk of malnutrition, in particular with increased energy and protein needs and/or fluid restriction



Very high energy and protein in just one bottle

Unique protein blend of collagen, leucine and milk

Provides 20g of protein to support high protein needs in a low volume

High vitamin D content: 10 µg per bottle

<sup>\*</sup>Meets nutrient reference values required for complete nutrition'

<sup>^</sup>As compared to other complete oral supplements currently in the Australia/New Zealand market as at June 2023.

## Fresubin® 3.2 kcal DRINK

Available in **two** delicious flavours in 125 mL EasyBottle

#### **Nutritional Information**

Average content		100 mL	bottle= 125 mL
Energy value	kJ	1344	1680
Fat (45% Fragge)	(kcal)	(320)	(400)
<b>Fat (45% Energy)</b> of which SFA*	g		
	g	1.1	1.38
of which MUFA**	g	9.9	12.4
of which PUFA***	g	5.0	6.3
Carbohydrate (34.7% Ener	<b>'gy)</b> g	28	35
of which sugars	g	10.8	13.5
of which lactose	g	≤ 0.24	≤ 0.3
Fibre (0.3% Energy)	g	0.5	0.63
Protein (20% Energy)	g	16	20
Water	mL	56	70
Osmolarity	mosmol/L	697-730	697-730
Osmolality	mosmol/kg H <sub>2</sub> O	1285-1300	1285-1300
Minerals and trace eleme			
Sodium	mg	112	140
Potassium	mg	312	390
Chloride	mg	150	188
Calcium	mg	165	206
Magnesium	mg	40	50
Phosphorus	mg	112	140
Iron	mg	5.2	6.5
Zinc	mg	3.7	4.6
Copper	mg	0.6	0.
Manganese	mg	1.4	1.8
lodine	μg	42	5
Fluoride	mg	0.4	0.
Chromium	μg	23	28.8
Molybdenum	μg	34	4.
Selenium	μg	23	28.8
Vitamins			
Vitamin A	μg RE°	322	40
of which β-Carotene	μg RE°	92	11:
Vitamin D <sub>3</sub>	μg	8	10
Vitamin E	mg α-TE <sup>oo</sup>	6.9	8.
Vitamin K <sub>1</sub>	μg	22	28
Vitamin C	mg	42	52.
Thiamin (vitamin B <sub>1</sub> )	mg	0.5	0.0
Riboflavin (vitamin B <sub>2</sub> )	mg	0.7	0.9
Niacin	mg NE		7.5
Vitamin B <sub>6</sub>	mg	0.6	0.7
Vitamin B <sub>12</sub>	μg	1.10	1.40
Pantothenic acid	mg	2.2	2.7
Biotin	μg	15	18.8
Folic acid	μg	95	118.

<sup>\*</sup>saturated fatty acids (SFA), \*\*monounsaturated fatty acids (MUFA),



#### General Information

#### Food for special medical purposes:

Nutritionally complete, high-caloric (3.2 kcal/mL), high-protein (20% energy) oral nutritional supplement with 10 $\mu$ g Vitamin D per bottle. For the dietary management of patients with or at risk of malnutrition in particular for patients with increased energy and protein needs and/or fluid restrictions.

To be determined by a healthcare professional according to patients' needs. Recommendation for supplementary nutrition, 1-2 bottles (400-800 kcal)/ day, or complete nutrition, 4-5 bottles (1600-2000 kcal)/day.

#### Important notice:

To be used under medical supervision. Suitable as sole source of nutrition. Not suitable for children <3 years. Use with caution in children <6 years. Not suitable for patients with galactosaemia. Ensure adequate fluid intake.

#### Not for parenteral (I.V.) use!

#### Instructions for use:

Best served chilled. Shake well before use. Store at room temperature. Opened bottles may be stored in a refrigerator for up to 24 hours.

#### Additional considerations:

Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malassimilation. Not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin 3.2 kcal DRINK.

#### Ingredients

Fresubin 3.2 kcal DRINK Vanilla-Caramel: Water, glucose syrup, rapeseed oil, collagen hydrolysate, sucrose, <u>milk protein</u>, maltodextrin, stabilisers (E 460, e 466), flavourings, emulsifiers (E 471, <u>soya lecithins</u>, E 472e), calcium phosphate, potassium chloride, acidity regulators (E 524, E 525), potassium hydrogen phosphate, potassium citrate, vit. C, calcium citrate, magnesium chloride, magnesium oxide, iron pyrophosphate, sodium chloride, zinc sulphate, niacin, manganese chloride, vit. E, pantothenic acid, copper sulphate, sodium fluoride, vit. B<sub>2</sub>, vit. B<sub>6</sub>, vit. B<sub>1</sub>,  $\beta$ -carotene, vit. A, chromium chloride, folic acid, sodium molybdate, potassium iodide, sodium selenite, vit.  $K_1$ , biotin, vit.  $D_3$ , vit.  $B_{12}$ .

Allergen Information: Contains milk and soy. Low lactose and gluten free.

#### Halal & Kosher certified.

Product ingredients for one flavour only. Detailed ingredient lists of the other flavours can be requested from ensupport-anz@fresenius-kabi.com

#### Flavours

Vanilla-Caramel, Mango.

### References

1. National Health and Medical Research Council: Nutrient Reference Values Australia and New Zealand. https://www.eatforhealth.gov.au/nutrient-referencevalues. Accessed May, 2023

<sup>\*\*\*</sup>polyunsaturated fatty acids (PUFA)

<sup>°</sup>RE: retinol equivalents, °°  $\alpha$ -TE: alpha-tocopherol equivalents, °° NE: niacin equivalents